

Solo Women's Camping — Confidence & Safety Checklist

Print this one-pager and keep it in your glovebox.
Check off items before you roll.

Build Confidence Before You Go

- ☐ Practice hitching, unhitching, and using the jack
- ☐ Back into cones in an empty lot
- ☐ Change a tire: watch + try
- ☐ Check oil, coolant, and tire PSI
- ☐ Locate and practice jumper cables

Plan Like a Pro

- ☐ Share itinerary + emergency contact
- ☐ Send a quick daily "I'm safe" text
- ☐ Download offline maps / carry a paper atlas
- ☐ Set weather alerts / carry a weather radio
- ☐ Plan a detour and a bail-out stop

Safety in Numbers

- ☐ Meet up with Glamping Grannies or a friend
- ☐ Introduce yourself to a nearby neighbor (daylight)
- ☐ Use a group chat for ETA + check-ins
- ☐ Choose a site visible to staff/host

Choose Smart Campsites

- ☐ Near bathhouse, host, or camp store
- ☐ Well-traveled loop (not isolated back corner)
- ☐ Arrive before dark; walk the site first
- ☐ Ask to move if it feels unsafe
- ☐ Park nose-out for a quick exit

Arrive / Depart Routine

- ☐ Walk the site (holes, low branches, rocks)
- ☐ Report existing damage before setup
- ☐ Park → level → plug electric (then water/sewer)
- ☐ Keys, phone, flashlight on you/by the door
- ☐ Stow → latch → final walk-around → check hitch

Personal Safety

- ☐ Scan before you step out; earbuds off
- ☐ Whistle/airhorn or car key panic button handy
- ☐ Motion lights + door/window contact alarms
- ☐ Basic self-defense; legal spray where allowed
- ☐ If your gut says "nope," leave — full stop

Digital & Social Safety

- ☐ Post after you leave; skip real-time geotags
- ☐ Avoid public Wi-Fi; use a hotspot
- ☐ Emergency info on lock screen; paper copy in wallet
- ☐ Share route changes with your contact

Camp Security

- ☐ Cable locks on generator, bikes, propane tanks
- ☐ Lock doors, vehicle, and compartments
- ☐ Use a hitch lock when unhitched
- ☐ Check fire extinguisher; replace detector batteries
- ☐ Stay weather-aware; secure tie-downs

Red Flags = Roll Out

- ☐ Uninvited people entering your site repeatedly
- ☐ Intoxicated or aggressive neighbors
- ☐ Anyone probing for personal details
- ☐ You feel watched or uneasy — go now